Mid America Dharma Group Newsletter

Spring 1995

The Shinzen Young retreat had 65 participants and was well received. Everyone enjoyed the Conception Abbey facilities and food. We look forward to spending more time at this new facility.

The mailing list has gone through its first annual cleaning. Additionally for those of you residing in Oklahoma and Arkansas, your names have been forwarded to Arpita Brown and Joy Fox respectively, except for the few of you who are regular attendees at our retreats.

A special note: a cost comparison of MADG's retreats with those put on by other groups reveals that we are \$20 to \$25 a day cheaper. We will continue to organize retreats at the most reasonable cost possible.

We met with two members of the Mid West Buddha Dharma Association at our last Steering Committee. They are a group of Southeast Asian Buddhists who are living in the Kansas City area. We are exploring how we can offer retreats together. The advantage that MADG has for this group is that our retreats are held in English, which will help their youth can a greater understanding of the practice of Vipassana.

Thank you to everyone who has contributed donations to the newsletter!!

UPCOMING RETREATS

MAY 1995

May 5-8, Gil Fronsdal at Conception Abbey, Conception, Mo. Contact: Mary Lou Hathaway 816-941-7232

May 26-29, Rodney Smith at The Ranch, Stillwater, Ok. Contact: Arpita Brown 495-478-8407

JUNE 1995

June 24-July 2, Peter Feldman & Mary Jo Meadow in St. Louis, Mo. Contact: Mary Jo Meadow, RES, PO Box 6, Mankato, Mn. 56002

JULY 1995

July 21-23, Mary Orr at St. John's Center, Kansas City, Mo. (Non-Residential)
Contact: Marnie Hammer 816-523-5061

SEPTEMBER 1995

Sept. 8-17, Mary Orr at Wattle Hollow Retreat Center, Fayetteville, Ar. Contact: Joy Fox 501-444-6005

NOVEMBER 1995

Nov. 3-12, Mary Orr at Conception Abbey, Conception, Mo. Contact: T.B.D.

VIPASSANA SITTING GROUPS

Kansas City, Missouri Area

Heart of America Sitting group Unity on the Plaza

Contact: Greg Zuendel 816-471-8023

Johnson County Sitting group

Contact: John Van Keppel 913-338-2331

Lawrence Sitting group

Contact: Bob Mikesic 913-841-0567

Spirit Lodge - South KC, Mo

Contact: Nancy Blair Moon 816-942-2992

Shawnee, Kansas Contact: Jan Vogel

913-631-2242

Topeka, Ks.

Contact: Ron or Mary Strong

913-234-3950

South Kansas City, Mo.

Contact: Mary Lou Hathaway

816-941-7232

Other Area Sitting Groups

Show Me Dharma Sitting group, Columbia, Mo. Contact: Ginny Morgan 314-875-8473

Springfield, Missouri Contact: Sandi West 417-865-4732

Oklahoma groups Contact: Arpita Brown 405-478-8407

Arkansas groups Contact: Joy Fox, 147 E. Spring St. Fayetteville, Ar 72701

Des Moines, Iowa Contact: Charles Day 515-355-8398

Carthage, Mo Contact: Gregg Galbraith 417-358-5176

417-358-4484 (work)